



As of: March 14, 2010

2010 California Track & Field Indoor Best Marks List

NCAA Automatic Qualifier / * NCAA Provisional Qualifier / ^ Cal School Record
h Earned Mark in Heptathlon / p Earned Mark in Pentathlon

Men

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
60 Meters					High Jump				
Kellan Patterson	6.82	1/30	Seattle	6.77	Brian Carmichael	6-9.50 (2.07m)	2/27	Seattle	6-9.50
Nick Porter	6.97	2/13	Seattle	6.84	Maurice Valentine Jr.	6-6.25 (1.99m)	1/23	Albuquerque	6-6.25
Dash Oliver	7.03	2/26	Seattle	7.03	Kyle Mills-Bunje	6-6.00 (1.98m)h	1/29	Seattle	6-6.00
Charles Saseun	7.05	1/23	Albuquerque	7.05	Mike Morrison	6-4.75 (1.95m)h	1/29	Seattle	6-4.75
Mike Morrison	7.03h	3/12	Fayetteville	7.03	Kevin Kuechler	5-10.75 (1.80m)h	2/26	Seattle	5-11.50
Kyle Mills-Bunje	7.15h	1/29	Seattle	7.15					
Kevin Kuechler	7.40h	1/29	Seattle	7.38					
200 Meters					Pole Vault				
Kellan Patterson	22.40	2/26	Seattle	22.22	Connor Landry	17-5.50 (5.32m)*	2/13	Seattle	17-5.50
Nick Porter	22.41	2/13	Seattle	22.41	Ryan Shuler	17-0.75 (5.20m)*	1/23	Albuquerque	17-0.75
Tom Blocker	22.61	2/13	Seattle	22.61	Justin Miller	16-11.50 (5.17m)	2/13	Seattle	16-11.50
Dash Oliver	22.87	2/13	Seattle	22.87	Mike Morrison	16-6.75 (5.05m)	1/23	Albuquerque	17-0.75
Ryan Holmes	22.90	1/30	Seattle	22.79	Kyle Mills-Bunje	16-0.75 (4.90m)	1/23	Albuquerque	16-0.75
Aaron Burney	23.29	1/30	Seattle	23.18	Cameron Kroll	15-7.00 (4.75m)	1/23	Albuquerque	15-7.00
					Kevin Kuechler	13-3.50 (4.04m)h	1/30	Seattle	13-3.50
400 Meters					Long Jump				
Keagan Wethington	49.68	1/23	Albuquerque	48.71	Mike Morrison	24-6.25 (7.47m)	2/26	Seattle	24-6/25
Tom Blocker	49.45	2/27	Seattle	49.45	Hammed Suleman	24-6.25 (7.47m)	2/26	Seattle	24-6/25
					Kyle Mills-Bunje	22-11.25 (6.90m)h	1/29	Seattle	22-11.25
800 Meters					Chase Wheeler	22-5.00 (6.83m)	1/30	Seattle	22-5.00
Sebastian Sam	1:49.82*	2/27	Seattle	1:49.82	Chad Jones	22-5.00 (6.83m)	1/23	Albuquerque	22-5.00
					Kevin Kuechler	22-4.50 (6.82m)h	1/29	Seattle	22-5.00
1000 Meters					Triple Jump				
Mike Morrison	2:44.15h	2/13	Fayetteville	2:44.15	Hammed Suleman	49-6.25 (15.09m)	2/13	Seattle	49-6.25
Kevin Kuechler	2:53.48h	2/27	Seattle	2:53.48	Chad Jones	45-4.50 (13.83m)	1/30	Seattle	45-4.50
Kyle Mills-Bunje	2:57.01h	1/30	Seattle	2:53.99					
Mile					Shot Put				
Mark Matusak	3:58.36#^	2/13	Seattle	3:58.36	Patrick Kowalsky	59-0.75 (18.00m)	2/27	Seattle	59-0.75
Michael Coe	4:02.86*	2/27	Seattle	4:00.29	Kyle Mills-Bunje	46-9.00 (14.25m)h	1/29	Seattle	46-9.00
Steve Sodaro	4:06.54	2/27	Seattle	4:06.54	Mike Morrison	42-7.00 (12.98m)h	2/26	Seattle	42-7.00
					Kevin Kuechler	41-2.50 (12.56m)h	2/26	Seattle	41-2.50
3000 Meters					Weight Throw				
Michael Coe	7:52.14#	2/13	Seattle	7:52.14	Miles Palacios	61-8.25 (18.80m)	2/26	Seattle	61-8.25
Mark Matusak	7:55.63*	1/30	Seattle	7:55.63					
Steve Sodaro	8:08.93	1/30	Seattle	8:08.93	Heptathlon				
Yosef Ghebray	8:17.68	2/27	Seattle	8:02.68	Mike Morrison	5826#^	3/13	Fayetteville	5826
Matt H. Miller	8:44.07	2/27	Seattle		Kyle Mills-Bunje	5504*	1/30	Seattle	5504
					Kevin Kuechler	5055	2/27	Seattle	5055
5000 Meters									
Kari Karlsson	14:03.06*	2/26	Seattle	14:03.06					
Steve Sodaro	14:13.54	2/26	Seattle	14:13.54					
Matt H. Miller	14:47.43	2/12	Seattle	14:47.43					
60-meter Hurdles									
Aaron Burney	8.13	2/13	Seattle	8.13					
Mike Morrison	8.23h	3/13	Fayetteville	8.23					
Kevin Kuechler	8.30h	2/27	Seattle	8.30					
Ryan Holmes	8.47	2/27	Seattle	8.17					
Kyle Mills-Bunje	8.66	1/23	Albuquerque	8.66					
4x400-meter Relay									
Sam/Patterson/Holmes/Blocker	3:17.73	2/27	Seattle	3:17.73					
Distance Medley Relay									
Matusak/Blocker/Sam/Coe	9:32.11*	2/26	Seattle	9:32.11					

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Women

<i>Name</i>	<i>Mark</i>	<i>Date</i>	<i>Site</i>	<i>PR</i>
60 Meters				
Cherrelle Garrett	7.47	2/26	Seattle	7.34
Robyn Hunte	8.15	1/23	Albuquerque	7.93
200 Meters				
Cherrelle Garrett	24.56	2/26	Seattle	23.68
Kayla Dixon	24.58	2/26	Seattle	24.58
Emani Truluck	25.89	1/30	Seattle	25.89
400 Meters				
Alima Kamara	55.62	2/13	Seattle	55.62
Jasmine Joseph	56.16	1/23	Albuquerque	56.16
Hayley Huxtable	57.89	2/27	Seattle	57.89
Kayla Dixon	59.07	1/23	Albuquerque	59.07
800 Meters				
Sofia Oberg	2:06.40*	2/27	Seattle	2:06.40
Mile				
Chelsea Reilly	4:48.89^	1/30	Seattle	4:48.89
Taylor Dutch	4:51.80	2/27	Seattle	4:51.80
3000 Meters				
Deborah Maier	9:20.05*^	2/27	Seattle	9:20.05
Taylor Bryson	9:40.27	2/13	Seattle	9:40.27
Alison Greggor	9:41.03	2/27	Seattle	9:36.26
Taylor Dutch	10:03.82	2/27	Seattle	10:03.82
5000 Meters				
Deborah Maier	15:58.49#^	2/12	Seattle	15:58.49
Alison Greggor	16:35.75*	2/26	Seattle	16:30.56
60-meter Hurdles				
Kimyon Broom	8.30*^	1/23	Albuquerque	8.30
	8.30*^	1/30	Seattle	8.30
Emani Truluck	8.58	2/26	Seattle	8.58
4x400-meter Relay				
Joseph/Oberg/Huxtable/Kamara	3:46.83	2/27	Seattle	3:46.83
Joseph/Huxtable/Dixon/Oberg	4:00.37	1/23	Albuquerque	4:00.37
Distance Medley Relay				
Bryson/Kamara/Oberg/Maier	11:19.93*^	2/26	Seattle	11:19.93
Pole Vault				
Allison Stokke	13-3.75 (4.06m)*	2/13	Seattle	13-7.00
Cyrena Giordano	12-10.00 (3.91m)	2/13	Seattle	13.0.00
Theresa Raub	12-10.00 (3.91m)	2/13	Seattle	12-10.00
Long Jump				
Kristin Holmes	19-9.50 (6.03m)	2/26	Seattle	19-9.50
Tracey Stewart	19-8.25 (6.00m)	1/23	Albuquerque	19-8.25
Malaina Payton	19-0.75 (5.81m)	2/26	Seattle	19-0.75
Robyn Hunte	17-10.75 (5.45m)	1/23	Albuquerque	18-3.00
Triple Jump				
Tracey Stewart	40-0.75 (12.21m)	1/30	Seattle	41-9.00
Mercedes Marchbanks	40-0.00 (12.19m)	1/23	Albuquerque	40-0.00
Amanda Hunter	39-6.50 (12.05m)	2/13	Seattle	39-6.50
Shot Put				
Linda Oseso	45-5.25 (13.85m)	2/27	Seattle	45-5.25
Weight Throw				
Kiely Smith	56-3.00 (17.14m)	2/26	Seattle	56-3.00